



Your ED Score shows that you may be suffering from mild erectile dysfunction. Your ED likely affects your daily life and relationships in a negative way.

Score Breakdown:⁴⁵
1-7: Severe
8-11: Moderate to Severe
12-16: Mild to Moderate
17-21: Mild

Community Breakdown:
31% Severe
24% Moderate to Severe
28% Mild to Moderate
17% Mild

Your ED Assessment Answers

2. How long have you or your partner suffered from erectile dysfunction?

2 - 5 years

3. Rate your confidence that you or your partner can get and keep an erection.

Moderate

4. When you or your partner have had erections with sexual stimulation, how often have the erections been hard enough for penetration (entering partner)?

Most times (more than half the time)

5. During sexual intercourse, how often have you or your partner been able to maintain an erection after penetration (entering of partner)?

Almost always or always

6. During sexual intercourse, how difficult has it been for you or your partner to maintain your erection to completion of intercourse?

Extremely difficult

7. When attempting sexual intercourse, how often has it been satisfactory for you?

Almost always or always

Your Path to Recovery

Erectile dysfunction can get in the way of intimacy, connection and love. Your customized treatment options can help you make your next move so you can focus on creating strong relationships.



Penile Implant²⁵

Entirely concealed within the body during a short outpatient procedure, a penile implant is a permanent cure for ED and allows for sexual spontaneity.

Diabetes and Heart Disease: As with any surgical procedure, patients with chronic disease such as Diabetes or Heart Disease may be at greater risk for complications.



Oral Medications

Oral medications are taken an hour before sexual activity to improve blood flow and the ability to get and maintain erections.

Diabetes: Diabetes may result in nerve damage making oral medications less effective in some patients.^{9, 27}



Vacuum Erection Devices (VED)

Vacuum erection devices (VEDs) are a non-invasive drug-free option to treat ED at the time of sexual encounter. VED success rates range from 80-92% after radical prostatectomy.²⁷



Intraurethral Suppositories

Intraurethral suppositories place medication directly into the urethra to improve blood flow.



Self-Injections

Self-injection of medication directly into the penis using a small needle helps to improve blood flow and the ability to get an erection. In clinical studies, success rates for self-injections range from 60-86%.^{51, 52}

9. Walsh TJ, Hotaling JM, Smith A, et al. Men with diabetes may require more aggressive treatment for ED. *Int J Impot Res.* 2014 May-Jun;26(3):112-5.

25. AMS 700™ with MS Pump™ Penile Prosthesis Product Line Instructions for Use. American Medical Systems. 2013.

27. Matthew AG, Goldman A, Trachtenberg J, et al. Sexual dysfunction after radical prostatectomy: prevalence, treatments, restricted use of treatments and distress. *J Urol.* 2005 Dec;174(6):2105-10.

51. Sung HH, Ahn JS, Kim JJ, et al. The role of intracavernosal injection therapy and the reasons of withdrawal from therapy in patients with erectile dysfunction in the era of PDE5 inhibitors. *Andrology.* 2014 Jan;2(1):45-50.

52. Ishii N, Watanabe H, Irisawa C, et al. Intracavernous injection of prostaglandin E1 for the treatment of erectile impotence. *J Urol.* 1989 Feb;141(2):323-5.

What's your next move?

SPECIALISTS NEAR MINNEAPOLIS, MN

Travis Pagliara

Hennepin County Medical Center - Parkside Urology Clinic
825 South 8th Street
Suite 220
Minneapolis, MN, 55404
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Park Nicollet- Sexual Medicine
6600 Excelsior Blvd
Suite 181
St. Louis Park, MN, 55426
952-993-2786

<http://www.parknicollet.com/medical-services/sexual-medicine/our-services>

Michael Risk

VA Medical Center - Minneapolis
1 Veterans Drive
Minneapolis, MN, 55417
(612) 725-2000

Find More Go To
EDCure.org/Find-a-specialist/

TALK TO SOMEONE



Cliff, 70

"There is a light at the end of the tunnel."

ED SCORE

10

TREATMENT HISTORY

 Pills
 Vacuum
 Implant

Ask Him Anything
Go To EDCure.org/Cliff

EVENTS NEAR MINNEAPOLIS, MN

September 27, 2018

Mikhail Regelman, M.D.
Men's Health Seminar - Erectile Dysfunction and Male Stress
Urinary Incontinence

Location:

United Hospital John Nasseff Medical Center
225 Smith Avenue North
Conference Hall
St. Paul, Minnesota 55102

Event Times:

Registration: 5:30pm

Seminar: 6:00pm

Note: Learn about treatment options for Erectile Dysfunction and Male Stress Urinary Incontinence
Light Refreshments will be served

Event Code SEM-49498 PES

Register Online
Go To EDCure.org/Events

REAL STORIES LIKE YOURS



Cliff and His Wife, Marilyn

Going through it together lets you learn about each other in a new way.

Watch their story and others
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